



INDOOR BOOT CAMP

WHEN : WEDNESDAY MORNINGS

TIME : 6:15 - 7:15am

**COST : \$8 PER SESSION OR
\$65 10 WEEK PASS**

ALL FITNESS LEVELS WELCOME

"FEEL THE RESULTS"

INTENSE | EFFICIENT | FUN

TRAINER : FORMER POLICE PHYSICAL TRAINER

Inala Police Citizens Youth Club, Swallow St, INALA
Phone: 3372 2222 www.inalapcyc.org.au